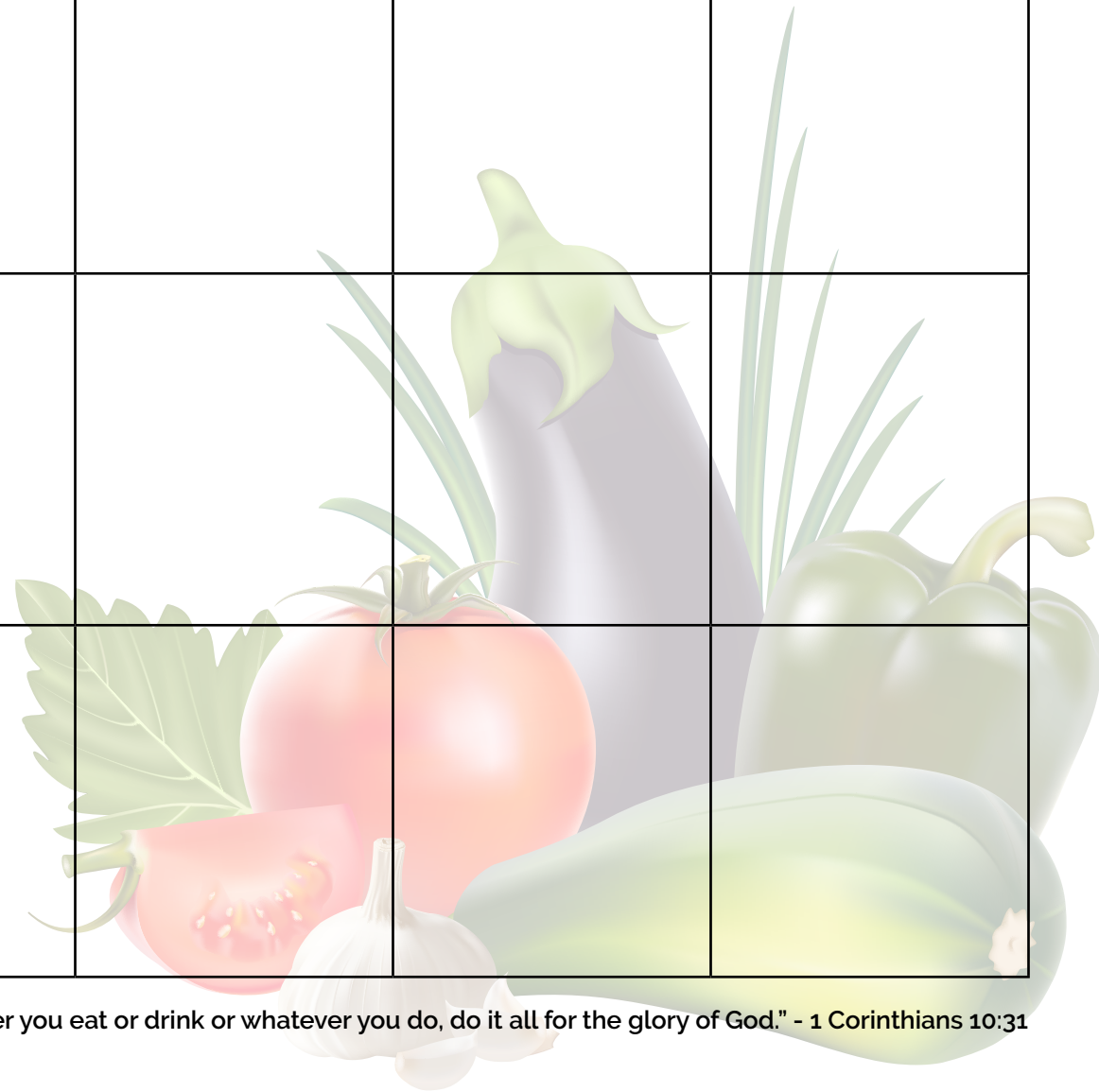


Healthyish Kid-Friendly Lunch Planner

	Monday	Tuesday	Wednesday	Thursday	Friday
Main					
Veggies					
Fruits					



Healthyish Kid-Friendly Lunch Planner

EVERYDAY
Faith  *Fitness*

Turkey
Sandwich

Tuna Salad &
Crackers

Green Beans

Cherry
Tomatoes

Orange

Strawberries

Peanut Butter
& Jelly

Hummus &
Pita

Carrots

Broccoli

Apple

Pineapple

Sweet Potato/
Black Bean
Quesadilla

Bagel Pizza

Peas

Cauliflower

Banana

Watermelon

Breakfast
Burrito

Chicken
Strips

Cucumbers

Mixed
Vegetables

Pear

Blueberries

Veggie
Burger

Leftovers

Celery

Brussels
Sprouts

Peach

Cherries